

Sports have an important place in human life. Swami Vivekananda Saraswati has said that a healthy mind is formed in a healthy body. Exercise or sports are the only means to make a human healthy. With an aim to build a healthy mind within educated professionals, the sports department of the Government College, Narnaul, established in 1954, is striving. At present, facilities are being provided for many sports competitions in the college under the auspices of Dr. Sanjay Tanwar sports in-charge since 2017. Colleges teams are participating in a number of events at various levels viz. Distt., State, National, Inter college, Inter University etc. and have obtained awards & medals at each level.

Government College, Narnaul is equipped with state-of-the-art sports, yoga and gymanism infrastructure. All the major sports facilities like 400 Meters track, football ground, basketball Court, lawn tennis court, multipurpose hall for indoor games like wrestling, kabaddi, basketball, shooting, table tennis, cricket, archery, chess and yoga are in the college campus and well maintained. In –house training facilities to students ensuring the capacity to build a great infrastructure for all the emerging sports person. Department of Sports helps to provide the TA/DA as well as refreshments to all participants for various events. Due to COVID-19 pandemic, in 2020-2021, no sports or other cultural events were organized in the institution.